

Anatomy of the Perfect Golf Swing

By Glennon E. Bazzle

“I have personally benefited from placing into action the principles put forward in *Anatomy of The Perfect Golf Swing* by Glennon E. Bazzle.

“The exercise recommendations, in particular, helped me quickly learn to execute a good golf swing without pulling my muscles and experiencing pain. My new pain-free swing feels effortless, yet it is very powerful. Even more importantly, now that I know what role each body part plays, I feel more confident about being able to repeat a good swing a higher percentage of times out on the course.

The illustrations and the pictures are excellent and serve as the glue to hold everything together.

I especially enjoyed the part of the book that emphasizes how golf is more than a physical game but a mental game of the highest order. The concept of visualizing the golf shot before you ask your body to perform the shot was made clearer than I have ever heard this concept made.

Finally, I would like to say that having used the concepts put forward in the *Anatomy of the Perfect Golf Swing*, my golf game is much more enjoyable and I am recommending it to all of my friends.

What a book!”

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